



## Mary Catherine Bowen

January 10, 1957 - March 28, 2024

With heavy hearts, we announce the passing of Mary Catherine Bowen, aged 67, who passed away on March 28, 2024, in Tallahassee, Florida. Mary was a woman of steadfast character, whose love for her family knew no bounds.

Born in Cleveland, Ohio to her parents Thomas and Victoria Shifflett, the family moved to Florida in the early 1960's. Mary's journey led her to Florida State University, where she graduated with a degree in Psychology and met her husband, Chip Bowen. They became parents to Heather and Bradley and spent their years raising them in Tallahassee.

Mary dedicated over 30 years to serving as a supervisor in the Florida Agency for Health Care Administration, until her well-deserved retirement in 2019. Mary found the greatest joy in simple pleasures. She took great pride in caring for her home, her children, and especially cherished time spent visiting her granddaughter Kendall and watching her grow. She loved cheering on her beloved Seminoles, visiting Florida beaches with her family and watching her backyard birds. She was a passionate fan of the Harry Potter series, and she delighted in frequent visits to Universal Studios, creating cherished memories with her family.

Mary's legacy is one of love, resilience, and laughter shared with those she held dear. She leaves behind her loving husband, Chip Bowen, daughter

Heather Ferguson (and husband Matt), son Bradley Bowen, granddaughter Kendall Bowen, and their cherished dogs, Baxter and Candi. Mary now joins her beloved parents and sibling, Thomas Jr. in eternal rest.

To honor Mary's memory and celebrate her life, family and friends are invited to a casual gathering on May 18th, 2024, at The Hub at Feather Oaks, from 1-3 pm. May her spirit of love and joy continue to brighten the lives of all who were blessed to know her.

The family is being cared for by Jackie Fulford and James Sircy of Young Fulford Funeral Home and Crematory, Tallahassee, Florida.

# Previous Events

## Celebration of Life

MAY 18. 1:00 PM - 3:00 PM (ET)

The Hub at Feather Oaks  
6500 Miccosukee Road  
Tallahassee, FL 32309

*Casual attire.*

# Tribute Wall

CM

“*Mary was sitting at my son's restaurant, Smittys and when she found out who I was, she came over and gave me a hug and her condolences about my husband's recent death. Mary made me and all of the customers in Smittys loved and welcomed. She is now a shining star and an angel that will protect her family and friends, until we can see her again .*

---

**Charlie ( Smitty's Mom)** - April 24, 2024 at 01:14 PM